



**Greater Life Church**  
"Loving and Leading People to a Greater Life"  
Pastor Nate Stewart, Lead Servant

2770 Glebe Rd. Lemon Grove, CA 91945

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## **Totally Surrendered, Fully Aligned**

**Dates:** January 12–21, 2026

**Focus Word:** Alignment

**Anchor Scripture:** *Romans 12:1–2*

**Timeframe:** Begins **Sunday, January 11<sup>th</sup>** at midnight (start of **Monday, January 12<sup>th</sup>**) and ends **Wednesday, January 21<sup>st</sup>** at **11:59 PM**

**Objective:** To begin the year in complete surrender to God, aligning our hearts, minds, decisions, and plans with His divine will for our lives and ministry.

### **Day 1: A Living Sacrifice**

**Scripture Reading:** *Romans 12:1, Psalm 51:16–17, Luke 9:23*

#### **Daily Reflection:**

Alignment with God begins at the altar. God is not asking for perfection but for surrender. A living sacrifice chooses daily to die to self and live for God. David reminds us that God desires a broken and contrite heart, not empty ritual. Jesus reinforces this call by inviting us to deny ourselves and follow Him daily. This fast begins with a decision to lay everything down and trust God with the outcome.

#### **Journaling Questions:**

1. What specific area of my life is God asking me to surrender during this fast?
2. What am I afraid might happen if I fully surrender this area to God?
3. What practical action can I take today to live surrendered, not just spiritually but daily?

#### **Written Paper Assignment:**

Write a one-page reflection describing what it means for you to be a living sacrifice. Identify one specific area of your life God is calling you to surrender during this fast. Explain why this area has been difficult to release and what surrender will look like in practical terms over the next 10 days.



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## **Day 2: Breaking Conformity**

**Scripture Reading:** *Romans 12:2, 1 John 2:15–17, James 4:4*

### **Daily Reflection:**

The world constantly competes for our loyalty. Scripture warns us that loving the world and aligning with its systems pulls our hearts away from God. Fasting exposes subtle compromises and misplaced affections. Alignment requires a clear decision about who and what shapes our values, desires, and direction.

### **Journaling Questions:**

1. What behavior, mindset, or influence in my life reflects the world more than God?
2. When did this influence begin, and why have I allowed it to remain?
3. What change must I make to clearly separate myself from this pattern?

### **Written Paper Assignment:**

Write a one-page assessment of an area where your thinking, behavior, or values have been shaped more by culture than by Scripture. Describe how this influence entered your life and how it has affected your relationship with God. Conclude by outlining the steps you will take to break agreement with this pattern.



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### **Day 3: Renewing the Mind**

**Scripture Reading:** *Romans 12:2, Philippians 4:8, 2 Corinthians 10:3–5*

#### **Daily Reflection:**

Transformation begins with renewed thinking. God calls us to take captive thoughts that oppose His truth. As our minds are renewed through Scripture, prayer, and fasting, strongholds are broken and new patterns are formed. Alignment is sustained when our thoughts consistently agree with God’s Word.

#### **Journaling Questions:**

1. What recurring thought has been shaping my decisions lately?
2. Does this thought align with God’s Word, yes or no?
3. What truth from Scripture will I begin declaring over my mind this week?

#### **Written Paper Assignment:**

Write a one-page plan identifying at least one recurring thought or belief that needs to be renewed. Use Scripture to confront this thought and explain how God’s truth reframes it. Include specific actions you will take to guard your mind moving forward, such as scripture meditation, prayer, or media boundaries.



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## **Day 4: Submitting Our Plans**

**Scripture Reading:** *Proverbs 16:3, Proverbs 19:21, Jeremiah 29:11*

### **Daily Reflection:**

God's plans are always higher than ours. While we may have many ideas and goals, alignment requires that we submit them to the Lord. When our plans are committed to God, He establishes our steps and brings clarity to our direction. Surrendering our plans is an act of trust and faith.

### **Journaling Questions:**

1. What plan or goal am I pursuing without fully inviting God into it?
2. How would my attitude change if I trusted God with the outcome instead of controlling it?
3. What step can I take to place this plan back into God's hands?

### **Written Paper Assignment:**

Write a one-page reflection listing current goals, plans, or decisions you are pursuing. Choose one plan and describe how you will intentionally submit it to God. Include how you will remain flexible if God redirects your path and what trusting God looks like in this season.



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## **Day 5: Obedience Over Convenience**

**Scripture Reading:** *1 Samuel 15:22, John 14:21, Deuteronomy 10:12–13*

### **Daily Reflection:**

Obedience is evidence of love and alignment. God desires hearts that respond to His voice, not selective obedience based on convenience. Fasting strengthens our resolve to obey even when it costs us comfort or familiarity. Alignment is proven through faithful obedience.

### **Journaling Questions:**

1. What instruction from God have I delayed or avoided?
2. What excuse have I been using to justify my delay?
3. What would immediate obedience look like for me right now?

### **Written Paper Assignment:**

Write a one-page honest inventory of an instruction God has already given you. Describe how you have delayed, resisted, or partially obeyed. Reflect on what immediate obedience requires and commit in writing to your next step of obedience.



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## **Day 6: Realigning Priorities**

**Scripture Reading:** *Matthew 6:33, Luke 10:38–42, Colossians 3:1–3*

### **Daily Reflection:**

Alignment requires proper priorities. Jesus reminds us that seeking God first brings everything else into order. Like Martha and Mary, we must choose devotion over distraction. Fasting helps recalibrate our focus and restore God to the center of our lives.

### **Journaling Questions:**

1. What does my schedule reveal about what I value most?
2. What has been taking time or energy that should be redirected toward God?
3. What one priority will I intentionally realign starting today?

### **Written Paper Assignment:**

Write a one-page evaluation of how you currently spend your time, energy, and focus. Identify at least one priority that needs adjustment. Describe what changes you will make to realign your life with God's kingdom and how you will protect these priorities after the fast.



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## **Day 7: Cleansing the Heart**

**Scripture Reading:** *Psalm 51:1–12, Matthew 5:8, Hebrews 12:14*

### **Daily Reflection:**

God desires purity of heart. During fasting, God often reveals hidden attitudes, wounds, or motives that need healing. Repentance and renewal restore intimacy with God. A clean heart allows us to remain aligned long after the fast concludes.

### **Journaling Questions:**

1. What attitude, emotion, or motive is God revealing that needs cleansing?
2. How has this affected my relationship with God or others?
3. How can I maintain a clean heart after this fast?

### **Written Paper Assignment:**

Write a one-page prayerful examination of your heart. Identify attitudes, emotions, or motives God is revealing that need cleansing or healing. Include a written prayer of repentance and renewal, asking God to create a clean heart and sustain purity moving forward.



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## **Day 8: Walking by the Spirit**

**Scripture Reading:** *Galatians 5:16–25, Romans 8:1–14*

### **Daily Reflection:**

Walking by the Spirit keeps us aligned with God's will. The Spirit empowers us to overcome the flesh and live in freedom. Fasting heightens our sensitivity to His voice and strengthens our dependence on God rather than ourselves.

### **Journaling Questions:**

1. In what situations do I rely on my own strength instead of the Spirit?
2. What fruit of the Spirit does God want to develop in me?
3. How will I pause and seek the Spirit's guidance before making decisions?

### **Written Paper Assignment:**

Write a one-page reflection describing what it means for you to walk by the Spirit daily. Identify situations where you tend to rely on yourself instead of the Holy Spirit. Outline practical ways you will pause, pray, and follow the Spirit's leading in everyday decisions.



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## Day 9: Trusting God's Will

**Scripture Reading:** *Proverbs 3:5–6, Isaiah 55:8–9, Psalm 37:3–5*

### **Daily Reflection:**

Alignment requires trust beyond understanding. God's ways are higher, yet always faithful. As we surrender control, God promises direction and peace. Trust anchors us when the path ahead is unclear.

### **Journaling Questions:**

1. What outcome am I trying to control instead of trusting God?
2. What fear arises when I release control?
3. What past moments of God's faithfulness can I recall to help trust Him today?

### **Written Paper Assignment:**

Write a one-page declaration of trust. Identify an area where you are struggling to trust God fully. Describe the fears connected to this struggle. End your assignment by declaring your trust in God's will and timing.



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## **Day 10: Fully Aligned and Sent Forward**

**Scripture Reading:** *Isaiah 6:1–8, Matthew 28:18–20, Romans 8:28*

### **Daily Reflection:**

Alignment positions us for purpose. Isaiah’s surrender led to divine commissioning. As this fast concludes, we stand ready to move forward in obedience and faith. God aligns us not just for personal growth but to fulfill His mission through us.

### **Journaling Questions:**

1. What has God revealed to me during these 10 days?
2. How has my heart and perspective shifted?
3. What specific step of obedience is God calling me to take next?

### **Written Paper Assignment:**

Write a one to two-page covenant outlining what God has revealed to you during this fast. Summarize key lessons, changes God is calling you to make, and commitments you are choosing to keep. Include how you will maintain spiritual alignment beyond the fast and how you will walk forward in obedience and purpose.