



Greater Life Church

The Year Of Great Faith 2022

31 DAYS OF HUNGER, REFRESHING & REVIVAL



31 Days of Prayer & Fasting Guide

Pastor Nate Stewart – Lead Servant



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Introduction

In the book of James, Chapter 5, verses 13-16 we are instructed to come forth to God in all circumstances with our 'prayers in faith' to Him:

13 Is anyone among you in trouble? Let them pray. Is anyone happy? Let them sing songs of praise. 14 Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord. 15 And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven. 16 Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.

The **31 Days of Hunger, Refreshing & Revival** guide has been created in response to the "Call from God", for all of us in the kingdom to repent for our wrongdoing and seek a cleansing renewal in our personal lives. We seek God to transform and renew our church, city, and communities into the one true body of Jesus Christ as we partner with Him.

Why Fasting With Prayer?

- Fasting and prayer humbles us and strengthens our relationship with God. It also gives us supernatural ability to hear from God and to overcome life's trials, challenges, and spiritual bondage.
- Jesus instructs us to pray and fast in Matthew 6:7-18; He himself prayed and fasted for 40 days before beginning His earthly ministry.
- 40 days of prayer and fasting reflects our hunger for a deeper relationship with God and His power in our life. As the body of Christ, we seek to fast in unity, asking for God's cleansing, direction, revelation, provision, and protection of our ministry work for His church in the community.

What Is Fasting?

- Fasting is the denial of natural desires/appetites/urges in order to strengthen our relationship and sensitivity to God's leading. Fasting and prayer allows the Spirit of God to fill and empower us to accomplish the work Jesus called us to; destroying the enemy's power in our flesh and our soul so that we can advance God's Kingdom.



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- When God has something great to accomplish in the world, it is preceded with the extraordinary prayers of His people (Ezekiel 36:37)

Guidelines For Fasting:

Fasting involves much more than going without food. Genuine fasting requires planning and preparation, and it also demands an intentional and complete commitment to seeking the Lord throughout the fast. Below are several steps you should take if you desire to fast effectively.

PLAN YOUR PRAYER TIME:

Determine how much time you will spend praying and studying God's word daily. Part of the fast is filling the time you normally would spend preparing and eating meals with prayer and study. You must be intentional in this.

TAKE A SPIRITUAL INVENTORY BEFORE YOU BEGIN:

When you fast and pray you are giving up food to discipline your body. Make sure you do the same with your attitudes and thoughts. You want to bring all parts of your life under the discipline of Jesus Christ. (1 Corinthians 10:13)

REPENT:

Acknowledge your sin, repent, and be done with it. For God to hear your prayers you must first empty yourself of your sin. Ask for forgiveness and then live forgiven. (1 Chronicles 7:14-15)

CHECK YOUR RELATIONSHIPS:

If you have hurt another person, you must go to them and ask for forgiveness. If there is someone who has offended you, pray for them and forgive them. (Mark 11:25-26)

ASK GOD TO TEACH YOU FROM HIS WORD:

Remember, there is a measure of spiritual blindness in each one of us, so we must ask the Holy Spirit to teach us and to take away our spiritual blindness. (2 Corinthians 4:3-4)

YIELD YOURSELF FULLY TO JESUS CHRIST:

Give everything to God. Once you have yielded your physical self you must also yield your inner self. (Romans 12:1)

ASK FOR FAITH:

The first step toward a stronger faith is developing an expectant heart for things which you are praying. (Hebrews 11:6)

BE AWARE OF SPIRITUAL ATTACKS:

Remember there is an enemy and he will do anything and everything to destroy your fast and wreck your faith. Be prepared to face the enemy by keeping your thoughts on God and His Word. (Jude 20)



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Examples Of Biblical Fasting:

- **Special revelation** - Exodus 34:27-28
- **In times of war** - Judges 20:26
- **Courage and wisdom** - Esther 4:3,16
- **In times of grief** - Nehemiah 1:4, 2 Samuel 1:12, Samuel 31:13, 1 Chronicles 10:12
- **Spiritual recuperation** - 1 Kings 19:1-9
- **Mourning** - Daniel 10:1-3
- **Repentance** - Jonah 3:5, Daniel 6:18
- **Ministry preparation** - Matthew 4:2
- **Spiritual power** - Mark 9:29
- **Ministry commissioning** - Acts 14:23
- **Set aside self for holiness** - 1 Corinthians 7:5
- **Spiritual discipline** - 1 Corinthians 11:24-28 (Paul "fasted often")

Fasting Tools For Success:

- Explain to your family in advance what you are doing.
- Request privacy from those who find out what you are doing.
- Ask them not to discuss it with you until your fast is over.
- Never complain or brag about your fast and avoid talking about it.
- Establish an accountability partner for prayer & encouragement.
- Stay away from negative people.
- Spend as much time as possible alone in solitude and prayer.
- Acknowledge that your flesh cannot be trained, but must be crucified.
- Journal as you pray and meet with the Lord. Write down the miracles God performs!



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Types Of Fasts

Complete Fast

- Drinking only liquids, typically water and/or light juices. • Broth or soup may be included as options.

Selective Fast

- Removing certain elements from your diet.

The Daniel Fast

- Abstaining from meat, sweets, or bread; drink water and juice, and eat a variety of fruits and vegetables.

Partial Fast (a.k.a. The Jewish Fast)

- Abstaining from eating any type of food in the morning and afternoon. • Fast during specific times of the day, e.g. 6AM-3PM, or from sunup to sundown.

Soul Fast

- Common for: anyone new to fasting food; those with health issues that prevent them from fasting food; those wanting to refocus specific areas of life that are out of balance. • Suggestions: abstain from engaging in social media, shopping, watching television, etc.

Foods To Include

ALL FRUITS. These can be fresh, frozen, dried, juiced or canned. Fruits include but are not limited to apples, apricots, bananas, blackberries, blueberries, boysenberries, cantaloupe, cherries, cranberries, grapefruit, grapes, guava, honeydew melon, kiwi, lemons, limes, mangoes, nectarines, oranges, papayas, peaches, pears, pineapples, plums, prunes, raisins, raspberries, strawberries, tangelos, tangerines, watermelon

ALL VEGETABLES. These can be fresh, frozen, dried, juiced or canned. Vegetables include but are not limited to artichokes, asparagus, beets, broccoli, brussels sprouts, cabbage, carrots, cauliflower, celery, chili peppers, collard greens, corn, cucumbers, eggplant, garlic, ginger root, kale, leeks, lettuce, mushrooms, mustard greens, okra, onions, parsley, potatoes, radishes, rutabagas, scallions, spinach, sprouts, squashes, sweet potatoes, tomatoes, turnips, watercress, yams, zucchini, veggie burgers (an option if you are not allergic to soy).

ALL WHOLE GRAINS. Including, but not limited to, whole wheat, brown rice, millet, quinoa, oats, barley, grits, whole wheat pasta, whole wheat tortillas, rice cakes, and popcorn.

ALL NUTS & SEEDS, including, but not limited to, sun flower seeds, cashews, peanuts, sesame seeds. Also, nut butters, e.g. peanut butter and almond butter.

ALL LEGUMES. These can be canned or dried. Legumes include but are not limited to dried beans, pinto beans, split peas, lentils, black eyed peas, kidney beans, black beans, cannellini beans, white beans.

ALL QUALITY OILS. Including, but not limited to, olive, canola, grape seed, peanut, and sesame.



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BEVERAGES & OTHER: Spring water, distilled water, or other pure waters; Tofu, soy products, vinegar, seasonings, salt, herbs, and spices.

Foods To Avoid

ALL MEATS & ANIMAL PRODUCTS. Including, but not limited to, beef, lamb, pork, poultry, and fish.

ALL DAIRY PRODUCTS. Including, but not limited to, milk, cheese, cream, butter, and eggs.

ALL SWEETNEERS. Including, but not limited to, sugar, raw sugar, honey, syrups, molasses, and cane juice.

ALL LEAVENED BREAD & BAKED GOODS.

ALL REFINED & PROCESSED FOOD PRODUCTS. Including, but not limited to, artificial flavoring, food additives, chemicals, white rice, white flour, and foods that contain artificial preservatives.

ALL DEEP-FRIED FOODS. Including, but not limited to, potato chips, french fries, corn chips.

ALL SOLID FATS. Including shortening, margarine, lard, and foods high in fat.

SOME BEVERAGES. Including, but not limited to, coffee, tea, herbal teas, carbonated beverages, energy drinks, and alcohol.

AFTER YOUR FAST

Ending your fast properly is just as important as beginning your fast properly. Just as you prepared yourself to begin a fast, you must prepare yourself to stop or break your fast.

Here are a few questions you can ask yourself as you end your fast:

- What are the key lessons learned?
- What new habits or disciplines do you want to keep?
- What new dietary rules will you follow?
- What foods will you begin eating and not eat anymore?
- What dreams and visions have you seen pertaining to your personal walk with the Lord or your ministry?



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31 Days Of Prayer Guide



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The First 7 Days Of Prayer: Repentance, Confession and Cleansing

Day 1:

Matthew 4:4

Jesus answered, "It is written: 'Man shall not live on bread alone, but on every word that comes from the mouth of God'".

- Pray and surrender your body and your soul to His Spirit, asking Him to fill and to sanctify you. Begin by reading/listening to His word daily. This is your life and your strength over the next 40 days. He will speak to you.
-

Day 2:

2 Chronicles 7:14

"If My people who are called by My name will humble themselves and pray and seek My face, and turn from their wicked ways, then I will hear from heaven and will forgive their sin and heal their land."

- Confess your sin of pride and selfishness at work in your life that is against the will of God. It is God's will and must be done in you.
-

Day 3:

Ezekiel 36:25

"Then I will sprinkle clean water on you and you will be clean; I will cleanse you from all your impurities and from all your idols."

- Ask the Holy Spirit of God to reveal and confess the idols in your life and destroy their power over you in Jesus name, (whether celebrities/people, movies, technology, work/career, spouse/children, hobbies/activities, etc.). Release your hold on these people/things and lay them at the feet of Jesus. Come seek the Kingdom of God first and he will add all these things to you.
-

Day 4:

1 John 1:9

"If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness."

- What have you thought of, spoken, and done that was not right in the eyes of God? (Lies, cheating, envy, jealousy, mind control, manipulation, anger, abuse, strife, etc.) Allow the Holy Spirit to search your soul and reveal those areas that you have disobeyed God in. Bring it to Jesus and confess it to him.
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Reflection Journal: What is God telling you during this time of prayer?

Day 5:

Leviticus 26:40

“But if they will confess their sins and the sins of their ancestors—their unfaithfulness and their hostility towards me..”

- Take this day and ask for revelation of what your ancestors, (parents, grandparents, bloodline, etc.) have committed against God; Then stand in the gap to confess their sins to God, (rebellion, family feuds, curses witchcraft, idolatry, shamanism, murder, etc.). Apply the blood of Jesus to cancel and separate you from all past sins of your family line.

Day 6:

Colossians 3:13

‘Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.’

- Pray and ask the Holy Spirit to reveal to you all those whom have hurt you (emotional/physical/verbal abuse, rejection, hatred, bullying, loss, unfairness, etc.) Bring each person (by name) to the Lord and forgive them; release them to the Lord and bless them.

Day 7:

Psalms 103:1-5

1 ‘Praise the Lord, my soul; all my inmost being, praise his holy name. 2 Praise the Lord, my soul, and forget not all his benefits— 3 who forgives all your sins and heals all your diseases, 4 who redeems your life from the pit and crowns you with love and compassion, 5 who satisfies your desires with good things so that your youth is renewed like the eagles.’

- Use this day to praise the Lord for his goodness, lovingkindness, and tender mercies towards you. Declare his promise of healing over your body and your soul. Receive his healing!

Reflection Journal: What is God telling you during this time of prayer?



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Next 7 Days of Prayer (Days 8-14): Declaration of the Names and Promises of God for Your Need and the Needs of the Church (the Body of Christ)

Day 8:

Genesis 1:1

'In the beginning God (Elohim) created the heavens and the earth.'

- God is still a creating God, always creating new things. He is the Potter, Maker, Architect, and Builder of everything.
 - What is it that you desire God to create or make new in your life? i.e. -create a new heart /renewed mind; -physical restoration / healing / recovery; -new /restored relationships; new opportunities to serve; -a new career / job change; -a new house / car; other needs etc.
Psalm 37:4 *'Take delight in the Lord, and he will give you the desires of your heart.'*
 - Ask God to put His desires into your heart and then ask Him for those desires. God will answer.
-

Day 9:

Genesis 49:24

'But his bow remained steady, his strong arms stayed limber, because of the hand of the Mighty One of Jacob, because of the Shepherd, the Rock of Israel;'

Psalm 132:1-5

'Lord, remember David and all his self-denial. He swore an oath to the Lord, he made a vow to the Mighty One of Jacob: "I will not enter my house or go to my bed; I will allow no sleep to my eyes or slumber to my eyelids, till I find a place for the Lord; a dwelling for the Mighty One of Jacob.'

- God (Mighty One)
 - The Mighty One of Jacob speaks to God's ultimate power overall. Declare His name and power over your life (every area of your life): Your emotions, your finances, your life circumstances, your family, your workplace, etc.). He is the mighty one over your life and all things.
-

Day 10:

Genesis 22:14

'So Abraham called that place "The Lord Will Provide". And to this day it is said, "On the mountain of the Lord it will be provided.'"

- God, (Jehovah-Jireh), The Lord Will Provide is the name memorialized by Abraham when God provided the ram to be sacrificed in place of his son Isaac. God is your provision; He is your
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community provision'. Pray and ask the Lord to provide where you have a need. (Food, shelter, finances, etc.) The Lord will provide.

Reflection Journal: What is God telling you during this time of prayer?

Day 11:

Exodus 15:26

'He said, "If you listen carefully to the Lord your God and do what is right in his eyes, if you pay attention to his commands and keep all his decrees, I will not bring on you any of the diseases I brought on the Egyptians, for I am the Lord, who heals you."

- God (Jehovah-Rapha): "I am Jehovah who heals you", both in body and soul. In body, by preserving from and curing diseases; In soul, by pardoning sin, transgressions, and iniquities.
- Bring your sorrow, your griefs, worries and anxieties to the Lord. He will restore you.

Day 12:

Isaiah 1:24

'Therefore the Lord, the Lord Almighty, the Mighty One of Israel, declares: "Ah! I will vent my wrath on my foes and avenge myself on my enemies".'

Psalms 46:7

'The Lord Almighty is with us; the God of Jacob is our fortress.'

- God (Jehovah-Sabaoth): "The Lord of Hosts"— Hosts means "hordes," both of angels and of men.
- Remember that 2/3rds of angelic hosts are under His command and are ready to minister and fight for you. You have His host of angels on your side.
- We, as children of God, have these angels to guard and protect us. Call out to them in Jesus name to come to your help. Ask the Lord to reveal their presence to you.

Day 13:

Judges 6:24

'So Gideon built an altar to the Lord there and called it 'The Lord Is Peace'. To this day it stands in Ophrah of the Abiezrites.'



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- God (Jehovah-Shalom): "The Lord Our Peace"— the name given by Gideon to the altar he built after the Angel of the Lord assured him he would not die as he thought he would after seeing Him. In the midst of everyday life circumstances, catastrophic events, and world wars, you can still have peace because God is our peace. It is NOT dependent upon anything or anyone. His Spirit is a spirit of peace and he lives in you.
- Find a place and time to allow His peace to flow in and out of you. Experience His presence and His peace that passes understanding.

Reflection Journal: What is God telling you during this time of prayer?

Day 14:

Psalm 23:1

'The Lord is my shepherd, I lack nothing.'

- God (Jehovah-Raah): "The Lord Our Shepherd"— After David pondered his relationship as a shepherd to his sheep, he realized that was exactly the relationship God had with him, and so he declares today's passage, "Yahweh-Rohi is my Shepherd. I shall not want".
- The Lord is your shepherd: He will lead you, restore you and protect you. He will prepare a table before you and anoint you with His Spirit. Surely goodness and mercy will follow you all the days of your life. (Grab Your Bible and Meditate on the entire Psalm 23)
- Declare this daily and walk it out with confidence. God does not break His promises.

Reflection Journal: What is God telling you during this time of prayer?



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The Next 7 Days of Prayer (Days 15-21): Days of Revelation—Your Identity, Your Purpose, and Your Calling

Day 15:

Ephesians 1:4-5

“For he chose us in him before the creation of the world to be holy and blameless in his sight. In love he predestined us for adoption to sonship through Jesus Christ, in accordance with his pleasure and will...”

- God has chosen you... He has called you. You did not choose Him, but He chose you. Come to Him in humility and surrender so that you may begin to hear what it is that He has for you.
-

Day 16:

Romans 10:10

“For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved.”

- Examine what you really believe in your heart about who you are (are you an orphan, a reject, a failure, a nobody, a loser; Or -the opposite extreme- you are everything-prideful, selfish, etc.) Repent if you have made yourself less or more than who you really are.
 - Believe that Jesus Christ came and paid for your sins on the cross and receive Him as your Lord and Savior. Apart from Him, you can do nothing. But with Him, all things are possible.
 - Take time today to meditate on who Jesus is and what He has done for you.
-

Day 17:

John 1:12-13

“Yet to all who did receive Him (Jesus), to those who believed in His name, he gave the right to become children of God— children born not of natural descent, nor of human decision or a husband’s will, but born of God.”

- If and when you believe, you become adopted as a child of God. Take time to reflect upon what it means to be a “child of God.” Thank God for this wonderful privilege and right.
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Day 18:

Ephesians 2:10

“For we are God’s handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.”

- God has a unique plan and purpose for your life and if you will surrender it to Him, He will reveal what it is that He has put you on this earth for. He is the one who has made you, called you and will work out His plan in you if you allow Him complete control and reign of your life. Pray and lay down your life to the God who created you for his great works.

Reflection Journal: What is God telling you during this time of prayer?

Day 19:

Ephesians 3:10-11

10 “His intent was that now, through the church, the manifold wisdom of God should be made known to the rulers and authorities in the heavenly realms, 11 according to his eternal purpose that he accomplished in Christ Jesus our Lord.

- God, the Father, made us for his purpose- to display his infinite glory. But because of man’s disobedience and fall, He sent his son Jesus Christ, to redeem man back to the original plan God had for them.

Ephesians 3:16-17: *“I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith.”*

- It is Christ dwelling in us that accomplishes the hope of His glory. Meditate on what this means and praise God that He has made this possible for you and me.



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Day 20:

Luke 10:18-19

18 "He (Jesus) replied, "I saw Satan fall like lightning from heaven. 19 I have given you authority to trample on snakes and scorpions and to overcome all the power of the enemy; nothing will harm you.

- Jesus has come, He is victorious over all the power of evil. If Jesus is in you, you have His authority over evil. You do not need to fear nor be overcome by them.
- **Romans 8:37b** *"... You are more than conquerors through Jesus who loves you."* Hallelujah!

Day 21:

1 Corinthians 6:2-3

2 "Or do you not know that the Lord's people will judge the world? And if you are to judge the world, are you not competent to judge trivial cases? 3 Do you not know that we will judge angels? How much more the things of this life!"

- This is mine and your inheritance. We are called to be seated with Christ in heaven and to rule and reign with Him. What an awesome revelation!
- We are Kingdom rulers and judges. We need to learn to live and practice those kingdom principles now, while we are still on earth. Let His Kingdom come, on earth as it is in heaven.
- **2 Timothy 2:12** tells us:
"If we endure, we will also reign with Him. If we disown him, He will also disown us."

Reflection Journal: What is God telling you during this time of prayer?



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The Final 10 Days: Days of Declaration and Decree

Day 22:

Job 22:28

"What you decide (decree) on will be done, and light will shine on your ways."

Proverbs 18:21

"The tongue has the power of life and death, and those who love it will eat its fruit."

- Meditate and pray about what it means for you to decree things over your life. Ask the Holy Spirit to cleanse your tongue and sanctify it for your good.
-

Day 23:

Joshua 24:15

"But if serving the Lord seems undesirable to you, then choose for yourselves this day whom you will serve, whether the gods your ancestors served beyond the Euphrates, or the gods of the Amorites, in whose land you are living. But as for me and my household, we will serve the Lord."

- Pray this over your children, your grandchildren, and your extended family and friends.
 - Declare this over them: -that they will serve the Lord as you have chosen to serve the Lord.
-

Day 24:

1 John 3:8

"The one who does what is sinful is of the devil, because the devil has been sinning from the beginning. The reason the Son of God appeared was to destroy the devil's work."

- Jesus came and has already destroyed the devil's work.
 - You can stand in the name of Jesus Christ and destroy the devil's plots, plans and schemes over your life. This is your right as a child of God.
 - Declare it today and every day!
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Day 25:

Luke 10:19 Jesus said:

"I have given you authority to trample on snakes and scorpions and to overcome all the power of the enemy (Satan); nothing will harm you."

- This is powerful!! Jesus, the Son of God, has declared and decreed this for you over 2000 years ago. He gave this authority to us to possess and to exercise it over the enemy.
- Stand in His name, and decree this over yourself and your family. Jesus already did His part; it is now YOU, -who must take this authority and use it to rule and reign over the enemy.

Reflection Journal: What is God telling you during this time of prayer?

Day 26:

2 Corinthians 10:4-5

4 "The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. 5 We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ."

- **Decree:** I have the mighty weapons of heaven, (the heavenly hosts of angels, the Holy Spirit, the Word of God) and I declare and decree that every stronghold (lies/deceptions/root of evil) in my spirit, my soul and my body, be rooted up, bound, and cast into the abyss. Let the Holy fire of God consume any and every part of me that is not of God or will cause me to rise up against God. I will love the Lord, my God, with all my heart, my soul, and my strength.

Day 27:

Isaiah 54:17

"no weapon forged against you will prevail, and you will refute every tongue that accuses you. This is the heritage of the servants of the Lord, and this is their vindication from me," declares the Lord..

- Memorize and declare this scripture daily over your life. Pray out, speak out and destroy every weapon of the enemy set up against you. This is yours to do!!



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Day 28:

Ephesians 6:11-17

11"Put on the full armor of God, so that you can take your stand against the devil's schemes. 12 For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. 13 Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. 14 Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, 15 and with your feet fitted with the readiness that comes from the gospel of peace. 16 In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. 17 Take the helmet of salvation and the sword of the Spirit, which is the word of God."

- Put on the full armor (Jesus) of God daily: against the rulers, authorities, powers and spiritual forces of evil in the heavenly realms.
- Put on "the belt of Truth": Jesus is the Truth.
- Put on "the breastplate of righteousness": Jesus is our righteousness.
- Put on "the gospel of peace fitted on your feet": Jesus is the prince of peace.
- Take up "the shield of Faith" - to extinguish all the fiery arrows: Jesus is your Faith.
- Take up "the helmet of salvation" -hope of salvation: Jesus is your Hope.
- Take up "the sword of the Spirit": -the word of God: and with His Spirit, destroy the enemy.
- When you have ALL the pieces of the armor on, you can stand against the enemy. He will flee from you through the power of Jesus Christ in the Holy Spirit.

Reflection Journal: What is God telling you during this time of prayer?



GreaterLife

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Day 29:

Zechariah 4:6

“So he said to me, “This is the word of the Lord to Zerubbabel: ‘Not by might nor by power, but by my Spirit,’ says the Lord Almighty.”

- The Holy Spirit of God is here, in us, filling us, and helping us. He is for us. Declare His power, His fire, and His great works. He is the one who convicts, who saves, and who heals. He raised Jesus Christ from the dead. And He is still doing the works of Jesus and the Father on this very day. Decree that the Holy Spirit has rule and reign in your life.

Day 30:

2 Thessalonians 3:3

“But the Lord is faithful, and he will strengthen you and protect you from the evil one.

- Declare the following in prayer: ‘God, You are faithful. You will strengthen me and protect me from the evil one. I am yours. Therefore, I will not fear, nor give in, or give up. You will uphold me. Thank you Jesus!!’

Day 31:

Matthew 18:18

“Truly I tell you, whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.”

- Practice binding up evil works in your life and casting them to the feet of Jesus; Loose heavenly and glorious blessings over your life.

Reflection Journal: What is God telling you during this time of prayer?
